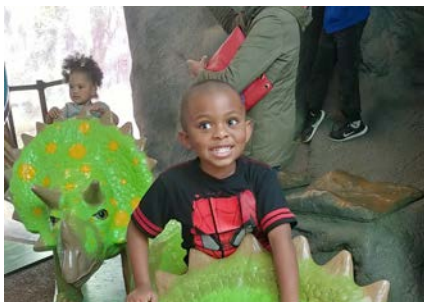


RICHMOND BEHAVIORAL HEALTH FOUNDATION



ANNUAL REPORT FISCAL YEAR 2018



PLANTING THE SEEDS OF WELLNESS.



A MESSAGE FROM OUR PRESIDENT

In FY2019, Richmond Behavioral Health Authority (RBHA) provided critical behavioral health, primary medical, and developmental services to nearly 13,000 individuals in the greater Richmond Community – that’s over 5% of the City’s population. Approximately 30% of the individuals RBHA serves do not have insurance, Medicaid, or any way to pay for services.

RBHFoundation serves to support the critical work of RBHA where gaps in funding exist and where no funding exists. Through the support and generosity of individuals, organizations, corporations, and community partners, RBHFoundation was able to:

- provide over \$100,000 for capital development at RBHA’s North Campus – increasing the number of individuals we serve for substance use disorders,
- provide funding for a staff position to serve homeless individuals struggling with mental health and substance use issues,
- provide funding for a Health Educator position serving both our Main Offices and RBHA’s North Campus,
- promote recovery and wellness through community events and marketing initiatives,
- raise awareness in our community around the needs of those with mental illness, addictions, and developmental disabilities; and,
- develop partnerships and community initiatives to enhance the lives of the people we serve in our community.

We are grateful for the community’s support of RBHFoundation and RBHA and for recognizing the importance of these services to our community. As we look forward to the work ahead of us, we envision a community where everyone’s needs are met and where everyone has the opportunity to live a happy, healthy life.

With gratitude,

John P. Lindstrom, Ph.D., LCP
President, RBHFoundation
CEO, RBHA



FUNDING PRIORITIES

RBHFoundation, a nonprofit 501(c)(3) organization, serves to support the work of the Richmond Behavioral Health Authority (RBHA) through community awareness initiatives, fundraising, and community partnerships.

Our funding priorities include:

- Capital funding to increase capacity to serve those impacted by the Opioid Epidemic in our community;
- Consumer access to supportive services to improve treatment outcomes;
- Innovative programs to promote health and wellness; and
- Collaborative community partnerships to increase resources for consumers and their families.

RICHMOND BEHAVIORAL HEALTH AUTHORITY

RBHA is licensed by the Virginia Department of Behavioral Health and Developmental Services and is the statutorily established public entity responsible for providing mental health, intellectual disabilities, and substance abuse and prevention services to the citizens of the City of Richmond. Services are provided directly by RBHA staff and through contracts with private providers in the community.

RBHA is committed to providing behavioral health services to all Richmond residents regardless of race, color, gender, age, religion, disability, or national origin.

In FY2019, RBHA provided critical behavioral and primary medical services to nearly 13,000 individuals – that’s over 5% of the population of the City of Richmond. Approximately 30% of RBHA consumers have no Medicaid, insurance, or other means of paying for vital services.

RBHF BOARD OF TRUSTEES FY19

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RBHA NORTH CAMPUS RENOVATIONS - WOMEN'S RESIDENTIAL TREATMENT CENTER

With gratitude to the **Mary Morton Parsons Foundation** and the many generous donors who matched the Mary Morton Parsons Foundation grant, RBHFoundation was able to contribute over \$100,000 to complete renovations of the Women's Residential Treatment Center at RBHA's North Campus.

RBHFoundation and RBHA hosted an Open House in April 2019 to celebrate this achievement and invite the community to learn about the work that RBHA is doing to address the Opioid Epidemic in our community.

Now able to operate at full capacity, the Women's Residential Treatment Center will provide residential substance use disorder treatment to 54 women at a time - including pregnant women and women with their children.

We would also like to thank **Dominion Foundation** for contributing to RBHA North Campus capital needs.

NEXT PROJECT: The Children's Services Center at RBHA North Campus.



GIVING TUESDAY

Giving Tuesday is a global day of giving fueled by the power of social media and community collaborations. RBHFoundation sent out a call for **cold weather items** (hats, scarves, gloves, etc.) that so many individuals, children, and families need - and you answered! We were able to distribute warm weather items to many in need.

Giving Tuesday is the Tuesday following Thanksgiving.

ACTIVITY FUNDING

Through individual donations and community partner donations, RBHFoundation was able to support numerous children in participating in community activities that foster independence, creativity, joy, and inclusion.

From summer camp to a day at the museum, your generosity allowed for opportunities that wouldn't otherwise be possible for many of those we serve.

PLANTING THE SEEDS OF WELLNESS.

RBHA NORTH CAMPUS RENOVATIONS - GREENSPACE

Through our partnership with Lewis Ginter Botanical Garden and Ginter Urban Gardeners, RBHA North Campus Greenspace saw the beginnings of transformation to a therapeutic horticulture space.



Because of the generosity of Lewis Ginter, Hands on Greater Richmond, Altria Employee Volunteers, Richmond Tree Stewards, mOb + Storefront for Community Design, Fraser Gibson Davis, LLC, and Richmond Tool Bank, RBHA's North Campus saw the installation of a Kitchen Garden & Tree Orchard and multiple ornamental trees to make this space not only purposeful but beautiful and therapeutic.

The care and maintenance of the gardens have become part of North Campus programming - the bounty of the gardens has become a part of menu planning and the Culinary Arts Program at North Campus.

We are grateful for our partner support and involvement!

ART OF RECOVERY

The Art of Recovery is an annual, collaborative, community event showcasing the creative expression of individuals in recovery and those impacted by substance use and mental illness.

We believe art is not only a therapeutic tool, but art is also a bridge to the greater community in understanding and talking about addiction and mental health.

The Art of Recovery is a collaborative event of RBHFoundation, RBHA, McShin Foundation, SAARA of Virginia, and SAARA of Central Virginia.

The event is FREE and Open to the Community.



OUR GRANT PARTNERS - SPECIALIZED SERVICES

While RBHFoundation works to support individuals, families, and programs across the agency, our grant partner organizations help us make a significant impact in specialized areas of service:

The Women of St. Stephen's: Funding for Welcome Kits for women and children entering residential treatment at RBHA's North Campus

The Jenkins Foundation: Funding for a Health Educator Nurse to serve consumers at RBHA's main offices as well as RBHA's North Campus programs.

Sports Backers Fitness Warriors: Funding for exercise equipment to support our Men's Residential Treatment Wellness Programming

Altria ACECF: Funding provided by Altria Employees to support RBHA's Homeless Services Outreach Program.

FALL INTO WELLNESS - COMMUNITY HEALTH & WELLNESS FESTIVAL

Fall into Wellness is a community awareness event that serves to bring health & wellness resources to people in a fun and interactive way.

RBHFoundation owes many thanks to our wonderful community partners who made this day a success - and to **Dominion Energy** for sponsoring the event!

From traditional yoga (Project Yoga Richmond) to Laughter Yoga, from human foosball to Sports Backers Fitness Warriors, from blood pressure screenings (VCU Health Systems) to the petting zoo, there was something for everyone to learn more about or to try something new - all focusing on health & wellness!



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THANK YOU for your SUPPORT!

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RVA Laugh Club
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Sprite's HERO
The Float Zone
United Way of Greater Richmond & Petersburg
Uptown Alley
VCU Institute for Drug & Alcohol Studies
Virginia Farm Bureau Mutual Insurance Co.
Virginia Voter Registration
Vogue Flowers
Wegman's
Well into Life
Women of Saint Stephen's



THANK YOU for your SUPPORT!

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